



How to Support Your Child



There are many things you can do as parents to help your child prepare for tests at school. Most importantly, you can communicate to your child that school is important and you believe their job in school is to learn. You can do this in many different ways:

- Encourage good study skills. Check their planner.
- Discuss what you learned in school today. Check their planner.
- Review your child's homework. Check their planner.
- Offer to help quiz your child on what they are studying.
- Mark your calendar for important test dates,

The Night Before a Test:

- Make sure your child gets a good night's sleep.
- Consider talking about the test to reassure and encourage your child to do their best.
- Let your child know that tests can be hard, but it's a chance to show what they know or can do. Be prepared and do your best!



The Morning of a Test:

- Make sure your child has a healthy breakfast.
- Be positive and send your child to school knowing you believe in them. You have confidence that he/she will do their best.



After a Test:

- Talk with your child about what he or she learned from the test.
- Praise your child for trying hard on the test.
- When you get the test results, take time to discuss them with your child.
- If you have questions about the test and the results, don't hesitate to discuss those issues with your child's teacher.

